CALL FOR INFORMATION
AND REFERRAL 909-824-1491
BRIDGE (Don Bartee) 909/783-1150

November 2016

GRAND TERRACE SENIORS

CRAFTS (Pat Costa) 909/370-0768
BINGO 909/824-1491

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Art Class Mon. 12:30	◆HICAP 1st & 3rd Monday Appointment 800.434.0222	**1** Crafts 9 AM * beef tips Bridge 12:45 PM	**2** Exercise 8:30 AM * Chicken cacciatore Guitar Class 12:30 at Brookdale GAMES 5:30 pm	**3** * Scrambled eggs Penny Bingo 1 PM Bunco 6:00 PM ◆ HEAP by Appt.	**34** Exercise 8:30 am KARAOKE 10 AM * Breaded fish fillet	**5** Welcome to Play Wii Games & Pool Anytime We Are Open
6 *AUTO GURU 1st Mon. Apointment 951.241.8147	**7** Exercise 8:30 AM Craft Group 8:30 to 11:30 * Vegetable lasagna Art Class 12:30 PM MOVIES 1 PM	**8** Crafts 9 AM * Beef tips Bridge 12:45 PM	**9** Exercise 8:30 AM * Chicken leg & tortellini Guitar Class 12:30 Games 5:30 PM	**10** Planning Meeting 9:30 * Meatloaf & gravy Penny Bingo 1 PM Bunco 6 PM Pool Tournament 6:30PM	**11** Exercise 8:30 am Social 9:30 am Meeting/Program 10 Afternoon closed	**12** Join the Guitar Class Wed. 12:30 pm Game Night 6 pm
13 ◆ HEAP 4th Tues. Appointment 909.891.3786 ◆HICAP By Appt	**14** Exercise 8:30 AM Craft Group 8:30 to 11:30 Farm Fresh Bus 9:30 • Lemon pepper chicken Art Class 12:30 PM MOVIES 1 PM	**15** Crafts 9 AM • Beef stroganoff • Bridge 12:45 PM	**16** Exercise Birthday Cake * Pork loin w/gravy Guitar Class 12:30 Games 5:30 PM	**17** Garden Club 9:30 • Roasted turkey & gravy Penny Bingo 1 PM Bunco 6 PM	**18** Exercise 8:30 am KARAOKE 10 AM * Baked pangasius fish	**19** Garden Club Third [illegible] 0 am
20 MOVIES 1 PM Mon.	**21** Exercise 8:30 Craft Group 8:30 to 11:30 • Chicken Alfredo Art Class 12:30 PM MOVIES 1 PM	**22** Crafts 9 AM * Beef lasagna Bridge 12:45 PM ◆ HEAP by Appt.	**23** Exercise 8:30 AM * Taco Chicken Salad Guitar Class 12:30 Games 5:30 PM	**24** Closed HAPPY THANKSGIVING	**25** Closed I ♥ SHOPPING	**26** Crafts Tuesdays 9 AM Pat Costa
27	**28** Exercise 8:30 AM Farm Fresh Bus 9:30 Craft Group 8:30 to 11:30 * BBQ pork Art Class 12:30 PM MOVIES 1 PM	**20** Crafts 9 AM * Lazy herb chicken Bridge 12:45 PM	**30** • Beef pot roast Guitar Class 12:30 Games 5:30 PM	BUNCO Lots of Fun	FREE 911 EMERGENCY CELL PHONE/Charger No Monthly Fee Call Don Bartee 909.783.1150	 Mobile Fresh Fruits & Vegetables Mon., Nov 14 & 28 9:30-10:30

Suggested lunch donations for SENIORS 60 and over $3.00, others $6.00. Lunch is served from 11:30am to 12:30pm. *Menu is subject to change WITHOUT NOTICE!! Call 909.824.1491 for MENU updates!! (Please, No Children)