

# City of Grand Terrace

## Summer Swim Program



Below are the hours of operations, programs and costs of the City of Grand Terrace Summer Swim Program. Complete the information below and provide the City with a copy of your liability release form in order to register for the Program. The City will provide each participant with a City of Grand Terrace Summer Swim Program ID card granting participants entrance to the pool.

### Registration Type (Check the Appropriate Option):

#### Monday - Friday, 9:00 - 10:45am - Note: No Morning Sessions on Tuesdays

**Senior Water Exercise Class (Over 55 Years of Age)**

**Fee:** \$5.00 total for 6 week pass. Also allows admissions to Open Swim.

**Requirement:** 9:15 - 10:00am, 10:00 - 10:40am. (15-20 per class)

**Adult Lap Swim**

**Fee:** \$17.00 + \$3.00 for Card for a total of \$20.00 for Six Weeks. Also allows admission to Open Swim and Exercise Classes.

**Requirement:** 9:15 - 10:00 (15-20 per session)

**Adult Water Exercise Class (over 21 years of age)**

**Fee:** \$17.00 + \$3.00 for Card for a total of \$20.00 for Six Weeks. Also allows admission to Open Swim and Adult Lap Swim.

**Requirement:** 9:15 - 10:00am, 10:00 - 10:40am. (15-20 per class)

#### Monday - Thursday, 12:00-2:00pm (Two 45-minute classes) 12-1pm & 1:15 - 2:00pm

**Swimming for Beginners (session 1), Two week course (group lesson)**

**Fee:** \$30.00 per session. Includes six week Open Swim pass.

**Requirement:** Children 6-17 years old (7 per class). Based on ability they will be placed in one of two classes.

**Swimming for Beginners (session 2), Two week course (group lesson)**

**Fee:** Same as above.

**Requirement:** Same as above.

**Swimming for Beginners (session 3), Two week course (group lesson)**

**Fee:** Same as above.

**Requirement:** Same as above.

**Additional Information on Swimming for Beginners:**

**Level I:** Children at this level learn basic aquatic skills. They'll learn how to safely get into and leave the water, how to control their breath by blowing bubbles, how to float and kick on front and back and move through the water. They'll also learn how to stay safe around the water and what to do in case of an emergency.

**Level II:** Children at this level learn to move their arms and legs together in a swimming motion. We'll work on teaching children to swim without assistance, and improve on skills that they learned in Level I. They'll be able to understand dangerous water conditions and how to assist a swimmer in a water emergency.

**Monday - Thursday, 2:00 - 4:00pm**

**Friday - 12:30 - 4:00pm**

**Open Swim**

**Fee:** Children: \$7:00 + \$3.00 for card for a total of \$10.00 (3-18 years of age)

**Open Swim**

**Fee:** Adults: \$7:00 + \$3.00 for card for a total of \$10.00 (18+ years of age)

**Open Swim**

**Fee:** Family: \$30.00 + \$3.00 per card (Two adults, same household & up to 4 minors)

**Summer 2016 City of Grand Terrace Summer Swim Program Participant Information:**

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**Name of Applicant:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Names of All  
Additional Applicants:** \_\_\_\_\_

**Total Due:**           **\$** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_